



Who can make an outpatient referral?

Referrals may be made by physicians, hospital discharge planners, case managers, employers, patients, family members, home health providers and allied health professionals. A physician's prescription is required prior to scheduling an appointment.

To make a referral:

205 868-2098

Fax 205 262-3862

To cancel or reschedule an appointment:

205 868-2290

To contact case manager:

205 868-2028

Fax 205 868-2177



Directions

I-65 S – Take Lakeshore exit # 255. Left at traffic light on to Lakeshore Drive. At 8th traffic light turn left on to Old Montgomery Hwy. Left at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

I-65 N – Take Lakeshore exit # 255. Right at traffic light on to Lakeshore Drive. At 7th traffic light turn left on to Old Montgomery Hwy. Left at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

Highway 280 E – Take AL-149 ramp towards Homewood/Mtn. Brook. At traffic light turn left on to Shades Creek Parkway At 6th traffic light turn right on to Old Montgomery Highway. Left at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

Highway 280 W – Take AL-149 ramp towards Homewood/Mtn. Brook. At traffic light turn left on to Shades Creek Parkway. At 7th traffic light turn right on to Old Montgomery Highway. Left at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

Highway 31 from Vestavia – Go north on Hwy. 31. Coming down hill in to Homewood turn left at first traffic light on to Old Montgomery Highway. Right at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

Highway 31 from Downtown – Go south on Hwy. 31. Pass Mayfair Apartments on your right and turn right at traffic light on to Old Montgomery Highway. Right at 3-way stop on to Lakeshore Campus. Right at 4-way stop. Outpatient Clinic is located in rear of main hospital.

A Higher Level of Care

HEALTHSOUTH
Lakeshore Rehabilitation Hospital

3800 Ridgeway Drive • Birmingham, AL 35209
Outpatient 205 868-2098 • Fax 205 262-3862

healthsouthlakeshorerehab.com



Outpatient Rehabilitation

HEALTHSOUTH
Lakeshore Rehabilitation Hospital

SERVING THE COMMUNITY FOR OVER 30 YEARS

Outpatient Rehabilitation



Comprehensive programs with an experienced team

HealthSouth Lakeshore Outpatient Clinic offers **physical therapy, occupational therapy and speech therapy** and has numerous outpatient programs available to meet the needs of patients recovering from an illness or injury. Rehabilitation provides patients with the necessary tools to improve balance, coordination, strength and endurance.

Our programs have been developed by our clinical staff to ensure your patients' treatment goals are met. Our staff provides exceptional expertise by staying current with the newest modes of treatment and updated techniques. Through our diversified treatment programs, HealthSouth Lakeshore's Outpatient Clinic treats people of all ages with specialized care.

At HealthSouth Lakeshore's Outpatient Clinic, we are setting a new standard of excellence in rehabilitative care. Our commitment to excellence means our rehabilitative programs have one goal: results for our patients.

Programs

Available for patients with:

- Amputation (pre- and post-prosthesis)
- Arthritis
- Balance/Gait problems
- Back pain

- Brain injury
- Cognitive disorders
- Decreased ROM/strength
- Dysphagia
- General debility/weakness
- Lymphedema
- Musculoskeletal/Postural problems
- Neurological disorders
- Orthopaedic conditions
- Osteoporosis
- Pain
- Pulmonary conditions
- Spasticity
- Spinal cord injury
- Stroke



Specialty Services

- Aquatic therapy
- AutoAmbulator™
- Lymphedema treatment and management
- Reo™ Robot-Assisted therapy
- SaeboFlex®
- SmartStep™
- VitalStim®

Program Benefits and Features

- Case management
- Convenient location
- Convenient free parking
- Counseling services
- Discharge planning
- Efficient referral process
- Family education/training
- Multidisciplinary team approach
- Patient-friendly environment
- Support group resources

Most insurances accepted.