

HealthSouth Lakeshore Lymphedema Therapy



Lymphedema affects about one percent of the population, most of whom have survived cancer through surgery and/or radiation therapy, both of which can damage the lymphatic system.

On the other hand, some people are born with a malfunctioning lymphatic system. When lymph nodes are damaged, destroyed or removed, for example through radiation treatment or cancer surgery, the limbs can swell several times their normal size as a result of the abnormal accumulation of protein-rich edema fluid.

Lakeshore's Lymphedema Program offers a solution

Lakeshore's Lymphedema Program offers a solution. Through Lakeshore's specialized lymphedema program, fluid is moved from the tissues, and the lymph system's normal functioning is promoted to alleviate fluid blockage. Program goals include:

- Enhance lymph drainage through the use of manual lymph drainage techniques
- Control and reduce edema through compression bandaging as an adjunct to manual lymph drainage
- Reduce and eliminate infections through meticulous skin care
- Increase function and enhance lymphatic flow through exercise
- Ensure ongoing medical management to promote continued control and reduction of edema and other related problems.
- Reach a minimal therapy maintenance program

Before treatment...



After treatment...



Diagnoses served in Lakeshore's Lymphedema Program

- Extensive lymphatic edemas
 - After mastectomy with axillary nodal dissection
 - After prostate surgery
 - After pelvic surgery
 - After iliac or inguinal nodal dissection
 - After radiation
- Congenital
- Lymphostatic edema of the extremities
- Local edemas after surgery
 - Scar treatment
 - After orthopedic, cosmetic and oral surgeries
 - Amputee stump edema
- Edema of traumatic origin
 - Hematoma
 - Joint dislocation
 - Sprains
 - Ligament lesions, etc.
- Rheumatic illnesses, i.e., Lupus Erythematosus
- Wound care
- Other forms of edema lasting more than three months

Lakeshore has LANA (Lymphology Association of North America) certified therapists and medical director and is a member of NLN (National Lymphedema Network).

Lakeshore works in conjunction with local DME vendors to provide necessary lymphedema products and garments for patients.

The Lymphedema Program is primarily an outpatient program. There may be the need for inpatient services, depending on the medical necessity for 24-hour rehabilitation nursing care and more intense medical management.

For more information or to make a referral, please call 205 868-2098.

A Higher Level of Care

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